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# NEWSLETTER OF THE STMA Women of Today

April 2021

Volume 11

[www.stmawt.org](http://www.stmawt.org)



## Our Garden in Bloom

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Hello STMA Members,

I would like to thank you for a wonderful year. Even with the pandemic. And for all the help that some of you gave me this year.

I have really enjoyed this year being your president. I know we haven't done a lot but I still had fun. Our Banquet is April 27<sup>th</sup>, Social 6:30 and Banquet at 7:00. I hope to see a lot of you there.

I would like to thank my Board for every thing you did this year, I couldn't have done this with out you this year. You all are amazing.

Your new Board will do just fine this next year.

I would like to welcome our new members Tiffany and Cindy who joined at our April meeting.

Kathy Hansen





# ROCK PAINTING

04/25/21 @ 11AM

ALL SUPPLIES WILL BE  
PROVIDED TO PAINT

LIONS PARK IN  
ALBERTVILLE UNDER  
THE PAVILLION

PLEASE TEXT THAT YOU  
WILL BE ATTENDING:  
612-275-3366



You are invited!!

# Meeting for District 6

Join us to celebrate the end of the year and thank Sherry for being our fabulous district director. We will play some bingo so make sure to rsvp to AnnMarie at [annmarie8980@outlook.com](mailto:annmarie8980@outlook.com) by April 21<sup>st</sup>. We hope to “see’ you there!

**Where:** Zoom

**When:** April 24<sup>th</sup> 2021

**Time:** 10:00am



## Board Member Positions for 2021-2022 Available!

With Kathy and Julie focusing on responsibilities as Co-Presidents this year, the following positions are available. Please contact Abbi (asmbaker@hotmail.com or 612-703-1214) or any of the other board members with questions or to let us know you're interested!

The **STATE DELEGATE** shall:

- Represent the chapter as the voting delegate at all district and state meetings or appoint a delegate.
- Share and update state and district information to the local chapter.
- See that news articles concerning the local chapter are submitted to the Newsletter for publication.
- Distribute the Chapter Information Packet (CIP) to the programming vice president within one week of the state meeting.
- Make lodging reservations, transportation arrangements, and mail registrations in for the conventions.
- Be responsible for collecting registration fees from members who attend any out of chapter meetings.
- Arrange chapter visitations.
- Submit a trimester state delegate report to the Minnesota Women of Today.
- Shall promote attendance of the general membership at all district, area, state and national and visitations to other chapters.
- Prepare monthly participation reports, giving copies to the president and sharing with the Board of Directors for purposes of voting.
- Prepare a trimester report to report on chapter events, new member adds, socials, membership events and upcoming events to share at the district meeting.

A. The **PROGRAMMING VICE PRESIDENT** shall:

- Act as an advisor and coordinator for the external and internal local program managers.
- Be responsible for reading and distributing materials from the Chapter Information packet.
- Ensure all external projects have a written report form completed.
- Have monthly communication with her/his program managers.
- Present trimester LPM awards and Outstanding LPM of the Year award.
- Ensure new local program managers receive adequate training in their position.
- Encourage LPM participation in her/his programming area
- Oversee two craft show committee chair meetings, one meeting prior to November craft show and one meeting post craft show by December 10

## Local Programming Manager Positions

These are all of the LPM positions this year. Consider filling a position that is open, or talk to the current LPM of an area to learn more about how you can support the chapter!

### Crescent Cove Priority Area (open)

Program to encourage involvement with Crescent Cove. Crescent Cove offers care and support to children and young adults with a shortened life-expectancy, and to their families who love them. Around the United States, there are over 4,700 hospice homes for adults; the Crescent Cove Respite & Hospice Home for Kids is Minnesota's first and only home designed just for children and their unique needs, and just the third of its kind in the United States. A vibrant and joyful home-away-from home, our goal is to help families feel Embraced, Assured, and Celebrated. 2021-2022 will be the first year for the MNWT three (3) year priority area.

### Community Connections (open)

Program to encourage involvement in their local community, (e.g. food shelf, a civic project, senior citizens, adopt-a-family, etc.) Promotes Friendship Ventures, the Outstanding Person with Developmental Challenges Award, Community Connection Awards, and national programming areas that do not fall under a MNWT programming area.

### Women's Wellness (open)

Educate members on current health issues; support a foundation dealing with women's health; promote the March of Dimes March for Babies.

### Youth of Today (Sherri)

Promotes ideas and activities that allow youth to discover and experience the importance of volunteering. Also promotes the OYA program, Kids Week, and foundations related to youth activities.

### Living and Learning (open)

Promotes participation and provides information and ideas in the areas of personal growth of members; intellectually, spiritually, civically, and through family. Also promotes the Effective Writing, Speaking, and Impromptu competitions as well as the Women Who Impact Awards. Oversee invocations and benedictions at meetings.

### Newsletter (Kris)

Responsible for gathering the information for the monthly newsletter, putting it all together in an easy-to-read format, copying and distributing to members and other individuals.

### Public Relations (Julie, Abbi—looking for help!)

This area gets the word out about our organization. This position submits press releases to local newspapers and helps to identify other PR tools for the chapter, cable TV, radio, internet etc. Also promotes Women of Today week.

### Records and Recognition (Bobbi)

Program to encourage good recordkeeping for chapter projects; project recognition; mid-year and year-end entries; Projects of the Trimester; and Success.





Did you know?  
April is National Humor Month. This month's wellness challenge is to celebrate National Humor Month by trying on one of these ideas, or try your own!



Email ([asmbaker@hotmail.com](mailto:asmbaker@hotmail.com)) or text (612-703-1214) Abbi about what you've done through Tuesday, May 4, to be entered in a prize awarded next month!

**Scott Friedman, CSP,  
2004-2005 President of National Speakers Association,  
Suggests These 10 Ways to Celebrate National Humor Month**

10. Send out child-like invitations to your next meeting. Everyone brings a gift for a needy child.
9. Be a Cookie Monster! Come in early to drop off a cookie (or chocolate!!) on each employee's desk. No note. No announcement. Surprise!
8. Change the word "deadline" to "finish line" to celebrate all completions.
7. Practice kind acts of random. The third person to work today wins a photo with my Aunt Gladys.
6. Celebrate employees' 'inner child' by posting their baby pictures on a bulletin board and guess who's who.
5. Celebrate the first stress of the day! Computer issues? Bravo! Time for a latte and a chocolate croissant.
4. Make an "already done" list and celebrate your accomplishments.
3. Play theme music to match the tone of your upcoming meeting, i.e., Gloria Gaynor's "I Will Survive." "What ever happened to her?".
2. Name that "hum." Organize a 'hum-along'. It's hard to be stressed when you're humming.
1. Enroll yourself in the Hokey Pokey Clinic and turn yourself around.

from <http://www.humormonth.com/about.html>



# St. Michael-Albertville Women of Today 2020-2021 Membership Survey

Let Our Members  
Grow Like Flowers

**Name:**

1. How do you prefer to receive STMAWT information? (check all that apply)
    - ☐ Call me
    - ☐ Text Me
    - ☐ Email Me
    - ☐ Post it in the Facebook members page
    - ☐ Other: \_\_\_\_\_
  2. What types of activities are you comfortable attending?
    - ☐ I am social distancing and still prefer meeting virtually.
    - ☐ I am happy to meet on Zoom AND in person.
    - ☐ I prefer in-person events.
  3. What types of in-person activities would you attend? (Please feel free to add ideas for activities we have not previously had!)
- ✦
4. What types of Zoom activities would you attend? (Please feel free to add ideas for activities we have not previously had!)
  5. What ideas do you have about how our chapter can earn money while we don't have craft fair funds?
  6. What ideas do you have to get you more involved with the chapter? (please list ideas under "other")
    - ☐ I am busy with other commitments at this time.
    - ☐ I want to be more involved, but I need ideas.
    - ☐ Other:

7. What usually prevents you from being more involved with chapter meetings and events?
8. What kind of events should we keep from our COVID year? (Zoom bingo, etc.)
9. What kind of social or membership ideas do you have or want to explore?

.....

**Hamel Rodeo coming soon** -- Perhaps a group to volunteer for it this year if they need us again?? ---  
Jackie



**Emphasis Month: April**

Volunteer Recognition/Public Relations (US);  
Outstanding Achievement in Programming (US)

**Emphasis Month: May**

Website (US); Parliamentarian (US);  
Community Connections (US)



Kathy with her flower from the chapter after her knee surgery



## Seeds of Encouragement

Thanks, Sherri, for taking on the  
Albertville Friendly City Days Parade  
and the rock painting. Looking forward  
to seeing the cute designs.



**Welcome  
Cindy and Tiffany.  
Glad you joined!**

**th o n k s**  
to Jan  
for all you're doing  
for **Albertville Friendly  
City Days.**

**Congratulations to Lucy  
for her recent marriage!**



Bobbi,  
Thanks for all your  
hard work for  
Women's History Month.  
You always come up with  
such interesting items.

# Thank You



Thank you Jan, Chris, Robin, Heather, Candi, and  
Nicole, for your help with the blanket making  
event. It was great to have everyone there.



**Let Our Members  
Grow Like Flowers**

**St. Michael-Albertville  
Women of Today  
General Meeting Minutes  
April 13, 2021**

**Call to Order @ 7:01 pm**

**Pledge of Allegiance -** Lisa Haines

**MN Women of Today Creed-** Candi Testa

We, the Women of Today, are Service, Growth, and Fellowship. We believe that through us great lessons can be learned, worthy deeds performed, and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.

**Ice Breaker** – Name a character from your favorite TV show when you were a teen to see if others can figure out the name of the show.

**Orders of the Day/Establish Quorum -** Abbi

13 Members present: Kathy Hansen, Julie Davis, Lori Gourtermont, Candi Testa, Robin Johnson, Sherri Streff, Chris Bacon, Jackie Fields, Jan Cera, Abbi Baker, Nicole Jockisch, Debbie Pool and Lisa Haines

**Quorum has been established.**

**Officers Reports**

● **Parli- Abbi**

- Positions to be filled - Candi suggested that the position descriptions be placed in the Newsletter
  - Programming VP
  - State Delegate
- **LOTS** (Local Officer Training) May 1, Resurrection Lutheran Church, Monticello, or virtual
  - Chris Bacon and Kathy Hansen will take training on Zoom

● **Treasurer- Nicole**

- **Treasurer Report**
  - Money collected from Kathy and Julie for blanket material
  - Craft Show money has been deposited
  - Bill for PO Box 135 paid (we want to dump this PO Box. Also, Box 358 - we may want to only pay for 6 months next time and see if we want to get rid of this also)
  - Last Scholarship paid out
- **Donation Requests**
- **Motions**
  - End of year donations
    - \$410 Albertville Fire Department (to be used for calendar)
      - M/S/P (Jockisch/Davis) I move that \$410 from External Misc. be taken out for the Albertville Fire Department. This would be for the ad in the Calendar and year end donation
    - \$500 St. Michael Library (summer reading program)
      - M/S/P (Jockisch/Gourtemont) I move that \$500 from External Misc. be taken out for the Library Summer Program.
    - \$250 Buffalo Hospital Foundation
      - M/S/P (Jockisch/Fields) I move that \$250 from External Misc. be taken out for the Buffalo Hospital Foundation.

- \$250 Crow River Senior Center
    - M/S/P (Jockisch/Testa) I move that \$250 from External Misc. be taken out for the Crow River Senior Center as a year end donation.
  - \$500 FYCC (Bronze Membership)
    - M/S/P (Jockisch/Goutermont) I move that \$500 from External Misc. be taken out for FYCC to be a Bronze Level Member.
  - \$500 Albertville Friendly Days
    - M/S/P (Cera/Gourtemont) I move that \$500 from next year's External Misc. be taken out for Albertville Friendly Days - Community Connections.
  - \$50 for Gift Cards - Prizes for Painting Rock
    - M/S/P (Streff/Gourtemont) I move that \$50 from next year's External Misc. be taken out to buy Gift Cards - Prizes for Painting Rocks - Youth of Today.
- **Secretary- Jan**
  - **Report**
  - April Birthday- 4/3 Joanna - card has been sent out
    - Julie suggested that a card be sent out to Lucy Kanu to celebrate her recent marriage
  - **March Minutes**
    - Changes or corrections - No changes or corrections
    - Approve the March Minutes - March Minutes have been approved
- **State Delegate- open**
  - **Participation log book** - sent around to all members attending the meeting
  - **Conventions** – Kathy will be attending, let her know if you wish to attend with her.
    - First-time attendees will have their registration paid. Talk with Kathy about hotel rooms.
    - Minnesota State, 5/21-22 in Alexandria
    - USWT, 6/11-12 (near) Des Moines
  - Cindy Umland for US President - Kathy passed out a bio
  - Anna Nichols for State President

#### **Membership- Jackie**

- **Serves you right** - \$7.00 collected - total in kitty - \$14.00 Winner Nicole Jockisch
- **Report: Social ZOOM Bingo March 14** (Kathy)
  - 7 Members attended: Kathy Hansen, Julie Davis, Jan Cera, Chris Bacon, Sherri Streff and Jackie Fields. 1 non-member attended - Liz
  - 14 Hours, \$80 spent for 16 Gift Cards for the prizes
- **Report: M-Event ZOOM Bingo April 1** (Kathy)
  - 6 Members attended: Kathy Hansen, Julie Davis, Jan Cera, Jackie Fields, Lisa Haines and Sherri Streff. 3 non-members attended: Cindy, Brenda and Susan
  - 13.5 Hours, \$50 spent for 10 Gift Cards for the prizes
- **Report: Step Certification ZOOM March 22 3/22** (Kathy)
  - 5 Members attended: Kathy Hansen, Julie Davis, Lisa Haines, Cheri Zajac and Jan Cera
    - Completed Living and Learning - Lori Goutermont, Cheri Zajac, Nicole Jockisch, Abbi Baker, Kathy Hansen, Candi Testa and Bobbi Fehrmann
    - Completed US Step 3 Certification - Cheri Zajac
    - Completed US Wellness and Personal Development - Lori Goutermont, Kathy Hansen, Candi Testa, Bobbie Fehrmann, Cheri Zajac and Abbi Baker
  - 5 Hours, \$0 money spent
  - Members - Please do on-line Certification and let Kathy know

- **Programming VP – Julie – Julie is taking on the co-President role, Programming VP needs to be filled. Who wants it?**
  - Living and Learning- open (This position is open; who wants it?)
    - **Book Club (Julie)**
      - Report: 3/24 *The Giver of Stars* by Jojo Moyes; 12 hrs, \$0 spent (Julie, Lisa H, Gretchen H, Lori G, Joanna, Jan C, Bobbi, prospective Kimberly)
      - Upcoming 4/28 *The Underground Railroad* by Colson Whitehead; 5/25 *The Silent Patient* by Alex Michaelides
      - May book is *Silent Patient*
  - **Women's Wellness** (this position is open, who wants it?)
    - Upcoming: Improv Pep Course- Abbi
      - This will be on Zoom - 4/20/21 6:30 -8:00 pm
      - This course is from MN WT
      - April is National Humor month
  - **Community Connections** - Chris B (Chris is moving to Membership; this position needs to be filled, who wants it?)
    - **Report:** Women's History Month (Bobbi)
      - 13 posts were created to honor Women
      - Leadership skills and Science interests were highlighted
      - 18 hours - 3 people participated
    - **Upcoming: Albertville Friendly City Days** (Jan) Volunteers needed for all events.
      - Committee Members: Jan Cera, Julie Davis, Cheri Zajac and Robin Johnson
      - **Albertville Sings** (Jan)
        - Sherri Streff is updating the AS Flyer and Registration Form
        - We will be involved in passing out Flyers
          - Julie will aide in getting information in the High School and both Middle Schools
          - Committee will aide in getting flyers passed out to local businesses
          - Volunteers will be needed on Thursday, June 10th to assist with the Competition (setting up/taking down folding chairs, guiding singers)
          - We have gotten permission to pass out info regarding STMA WT
      - **Booth** (Jan)
        - We will be passing out Powerclips and put info on a card regarding upcoming meeting and other info about STMA WT
        - We want to be able to offer Gift Cards (\$5 each) for any prospective member that attends the meeting following AFD
          - Debbie Pool suggested that we should also set up a Coffee Social right after AFD for anyone that can't attend our meeting
        - Volunteers will be needed to staff the booth on Saturday, June 12th
      - **Parade** (Sherri)
        - Sherri wants to head organizing our entry into the Parade that is on Sunday, June 13th
          - She will need volunteers to assist on that day (Nicole J has already volunteered)
        - We need to get our application in for the Parade - Jan will check into that
- **Priority Area-Crescent Cove** (Abbi) - Abbi wants someone to take over this position

o **Youth of Today-** Sherri S

- Report: Blankets for NICU, March 31 (Julie)
  - 90 service hours, \$172.45 spent 5 members, 1 prospective, 37 students, 47 blankets made
    - o total of 67 Blankets were donated
- Upcoming: Rock Painting (Sherri) Sunday April 25 11 a.m. Lions, Sherri providing supplies
  - Sherri to put info in the Newsletter

o **Newsletter-Kris G**

- Articles and pictures to be submitted by 4/18
- Give her a book review, favorite recipes, etc.

o **R & R-Bobbie - No Report**

• **President-Kathy**

Membership Survey

Abbi will compile results and when complete will report findings

Anyone who completes a survey will be entered into a drawing at the Banquet

Banquet – April 27, Liberty Restaurant -- 6:30 Social 7:00 Meeting

Please email Jan to let her know if you can attend the Banquet

**Thank you to everyone who is here tonight.**

**Guests:** Cindy McCarty and Tiffany Ventura attended and both decided to join!!

**Good and Welfare**

- Kathy had her knee replacement operation 3 weeks ago and has good and bad days but it is getting better
- Julie's daughter received a promotion at her new job - has only worked there 2.5 months
- Jackie's daughter got married last Saturday
- Chris got a new car - Honda CRV

**US Women of Today Creed** - Lori Goutermont

We, The United State Women of Today, are dedicated to serving our community and nation, are committed to strengthening our individual talents, and stand united by our friendship and belief in the future.

**Adjourn @ 8:10 pm**

