NEWSLETTER OF THE

August 2020

Volume 4 www.stmawt.org

STMA Women of Today



Our Garden in Bloom

Hello STMA members. I would like to thank all 9 members who came to our August meeting. We missed the rest of our members that couldn't come. Hope to see all of you next month. It was a small group but we still had a good time. Our MNWT State President came by to visit us for a little while. Her daughter was dancing next door.

I'm selling purple pins for \$2.00 and note pads for \$3.00 to help raise money for Domestic Violence Awareness. October is the emphasis month for DVA. I hope to have a speaker for the October meeting.

I would like everyone to wear purple for the October meeting. Instead of wearing costumes this year, as mentioned in our theme, please wear purple.

I would like to ask that anyone that can, bring a donation of new products for DVA, such as paper products (plates, napkins, etc.), laundry detergent, money, gift cards, and games.

President Kathy



Notes from President Kathy

Just to let you all know we will not be wearing our Costumes at the October mtg.

I hope to see everyone wear purple so we can take a picture that day.

That is one of my challenges on USWT to wear purple on the 13th and send it to me to get your chapter an incentive at USWT Year-End Convention.

I will be selling luminary bags at USWT Mid-Year Convention and I hope to sell them at MNWT Mid-Year Convention for \$5.00 a bag. I hope to sell a lot.

We will be having our Board Meeting and General Meeting in October at Liberty Restaurant. Thank you Jan for checking on this for us.

Just a reminder to Abbi to bring snacks to the September meeting.

<u>Priority Project</u>—Vote for the next 3 year priority project will take place at MNWT Convention in September (to replaces Wishes & More) Our chapter will decide which of the two at our next meeting.

Crescent Cove, Respite and Hospice Home for Kids

www.crescentcove.org

below we will vote for at the August general meeting.

Mission: Crescent Cove offers care and support to children and young adults with a shortened life-expectancy, and their families who love them. The Crescent Cove Respite & Hospice Home for Kids is a vibrant and joyful home-away-from home for kids with life-threatening conditions, where each moment is embraced and celebrated.

Ronald McDonald House Charities, Upper Midwest

www.rmhtwincities.org

Mission: We, in partnership with our community, provide a comfortable and caring home-away-from-home that supports keeping families together and reduces stress during a child's serious illness.

Please consider purchasing a White Luminary Bag for Domestic Violence Awareness. Each bag is a minimun donation of \$ 5.00. Individuals or chapters may purchase them. Please send me your donation along with your transmittal form filled out stating the name of the victim and/ or survivors that you want written on the bags. I will be taking the names and donations by mail until the end of October or you may also purchase them at Year End Convention.



Kathy Hansen 5545 Lander Ave NE Albertville, MN 55301 (763)-227-5561

Emphasis Month: September

Community Connections (MN) Public Relations (MN & US), Women of Today Week (MN & US); Membership (MN); USWT Foundation (US); Personal Development (US)



St. Michael-Albertville Women of Today

General Meeting Minutes
August 11, 2020

Let Our Members

Grow Like Flowers

Call to Order@ 7:00 pm

Pledge of Allegiance- Kris Goodin

MN Women of Today Creed-Sherri Streff

We, The women of Today, are Service, Growth, and Fellowship. We believe, that through us great lessons can be learned, worthy deeds performed, and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.

Ice Breaker- What is your favorite Candy.

Orders of the Day/Establish Quorum- Abbi A Quorum was NOT established – 10 members present

Officers Reports-

Parli- Abbi

Abbi went over rules for conduct at meetings

2020-2021 State Delegate (needed)

Up Date on P.O.A. -Bobbi – Bobbi is still working on this

Lucky Buck \$\$\$ - It was decided not to hold drawing this month due to lack of people – will be held next meeting

Treasurer- Nicole

Report – Nicole passed out the Budget and went over it

Secretary- Jan

August Birthdays-Jan C 1st, Christine K 6th, Susie L 11th, Jackie F 19th, Mackenzie J 26th, Julie D 30th. - all cards have been sent out Card to Sherri S. - inquired about Corey's health – doing much better

Call Liberty-About a room Jan spoke to the Manager, Mike. Definitely ok to hold Board Meetings there. He needs to check with the owner due to Covid rules.

July minutes approved as submitted in newsletter

State Delegate- Open - Abbi talked about the position – it is still open

fill out participation book

Vote on the Priority Area-Crescent Cove, Ronald McDonald House – we need to choose between Crescent Cove and McDonald House to support for 3 years – continue discussion next month

Membership- Jackie

Renewals 1st Tri: **no new renewals – All outstanding money has been collected**

New Member Orientation-Maria August -13

Book Club- 8/25 Lori G – 7 attended last time – Book this month - "I know everything" by Mathew F

Frankfurt City Hall-Lori G. - Lori needs to update us on this

Programming VP – Julie

Living and Learning- Angie P – not present

Community Connections-Chris Bacon – not present

Priority Project-(Wishes & More)- Abbi – draw next month

Women's Wellness- Angie P – not present

Youth of Today- Sherri – Bookmarks were passed out at Reading in the Park – Sherri had some leftover bookmarks

Newsletter-Kris G / needs articles by 8/16

Records Management- Bobbi F – not present

Public Relations-Abbi & Julie – no updates



Let Our Members Grow Like Flowers

President-Kathy

Candidate Forums-Volunteer – discussion about Forums – no decisions made and no one volunteered

Theme-Wear Bermuda shorts & dark socks with sandals. Winnerno one came dressed – save gift card for next time

Awards- Sunflower Award & Daisy Award – Sherri S is the Daisy Award winner

City of Albertville & The Bank still not letting people in as groups.

Thank you everyone for coming to our meeting tonight. As of right now we will be having our General Meeting next month here.

Serves You Right- Jackie \$8.75 from past meetings - \$2.25 collected. Robin Johnson was picked but she was not present so the kitty will be at \$11.00 to start

Good and Welfare Sherri's husband is doing better

US Women of Today Creed Heather

We, The United States Women of Today, are dedicated to serving our community and nation, are committed to strengthening our individual talents, and stand united by our friendship and belief in the future.

Adjourn@__7:43 pm



District 6 Holiday Bingo



We are having a District 6 Holiday Bingo on September 13th at 3pm @ Albertville Lions Park

We are selling bingo cards for .50 So if there is 2 bingo cards on one sheet then it would cost \$1.00.

The money we raise will be going to Domestic Violence
Awareness

Here's a healthy recipe that tastes Great – also, good way to use up all that zucchinis growing in the garden!! From the kitchen of Jan

BRUSCHETTA GRILLED CHICKEN WITH ZOODLE BOWLS

- 3 Tbsp Olive Oil (divided)
- 2 Tbsp Balsamic Vinegar
- ½ tsp Sea Salt
- ½ tsp Black Pepper
- 3 Cloves Garlic (crushed)
- 2 Tbsp Fresh Basil (chopped)
- 2 Chicken Breast (pound before marinating)
- 2 large Zucchinis (spiralized into 4 cups Zoodles)

2 Cups Tomato Basil Bruschetta

- 3 Roma Tomatoes (chopped)
- ½ Cup Red Onion (chopped)
- 2 Cloves Garlic (minced)
- 1 Tbsp Fresh Basil (chopped)
- 2 Tbsp Extra Virgin Olive Oil
- 1 Tbsp Balsamic Vinegar
- ½ tsp Salt
- 1/4 tsp Black Pepper
- 2 Tbsp Parmesan Cheese (grated)

Instructions:

Combine 2 Tbsp Olive Oil, Balsamic Vinegar, Sea Salt, Black Pepper, Garlic and Basil.

Mix and add to large plastic bag with Chicken and marinate for up to 8 hours.

Before grilling the Chicken, combine all of the Tomato Basil Bruschetta ingredients in a medium bowl. Place in refrigerator until ready to serve the bowls.

Remove the Chicken from the marinade and place on a Grill over medium heat for 10 - 12 minutes per side.

While the Chicken is grilling, add the remaining Tbsp Olive Oil to large skillet, then add the Zucchini Noodles and saute 3-5 minutes (Add Salt to taste).

Divide Zoodles between the individual serving bowls. Once the Chicken is grilled, slice it up and place on top of Zoodles.

Spoon the Bruschetta over the Chicken and Zoodles.

ENJOY!!

Drawing moved to September general meeting due to low attendance in August

JOIN US FOR

LUCKY BUCK

Bring your dollars to
the next general meeting to enter
the drawing for a prize!
This fundraiser will benefit



Wishes and More is the MNWT priority project.

The organization provides extraordinary experiences to kids battling a terminal or lifethreatening condition and supports the entire family. This includes granting wishes, awarding scholarships, giving memorials, and offering continuing support to the families.

Seeds of Encouragement

Jan you are doing a great job as Secretary. Kathy



Thank you Kris for doing a great job on the newsletter. Kathy

Thank you to Nicole for doing an awesome job on the Treasurer. Kathy Jackie we missed you at our last 2 meetings, hope to see you next month. Kathy

Abbi you are doing a great job as our Parli. Kathy

Julie you are so awesome with everything you do for the chapter and me, All the help you give me. Kathy

Thank you Nicole for bringing snacks. Kathy

**Members-please email me back when you get this newsletter. I want to make sure everyone is receiving the monthly newsletters. One member has been having some issues. **

Thanks, Kris

